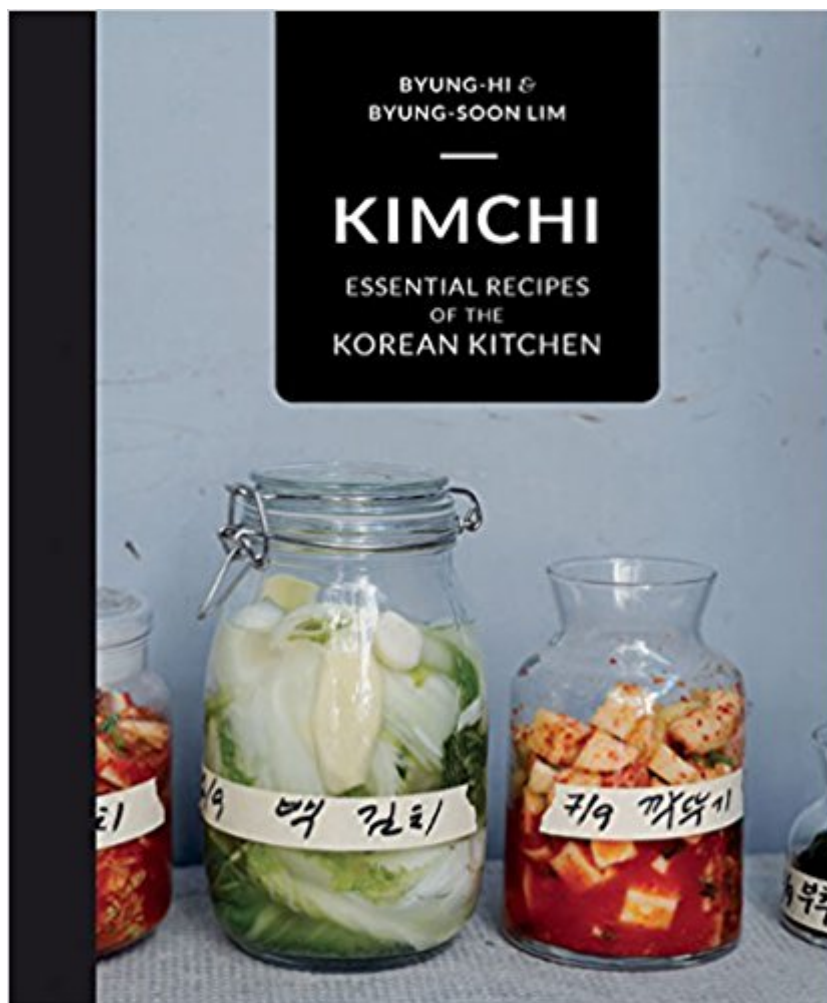


The book was found

Kimchi: Essential Recipes Of The Korean Kitchen



Synopsis

An essential cookbook for anyone who wants to explore the classic flavors of the Korean kitchen. It is not possible to imagine Korea without kimchi. For thousands of years the lacto-fermented vegetables have been an absolute necessity at meals. In Korea, kimchi is so much more than food—it is a national cultural treasure, a valued health food, and a part of the Korean identity. Koreans are obsessed with good food, and the Lim family is no exception. For two generations, they have retained the proud tradition of kimchi at the Arirang Restaurant in Stockholm. This book contains the family's most popular recipes—common, as well as rarer, kimchi recipes, Korean everyday food, and the ever recurring bi-bim-bap (which literally means "mixed rice"). The Lim family present their version of a classic with lettuce, cabbage, chilli, and ginger, but also the popular radish kimchi, kattugi, as well as the more unusual varieties with pumpkin, oysters, mushrooms, roots, and other vegetables. Sourish, hot, and tasty, kimchi is a wonderful accessory for most meals, not only Asian-style dishes but every imaginable Western dish. Here are "insider" tips on how to go about fermenting vegetables at home. Considering it is so incredibly simple, the result is amazing, beautiful, tasty, and healthy, thanks to the built-in riches of good bacteria cultures found in vegetables. Includes metric measures.

Book Information

Hardcover: 144 pages

Publisher: Pavilion (November 1, 2015)

Language: English

ISBN-10: 1909815853

ISBN-13: 978-1909815858

Product Dimensions: 7.2 x 0.9 x 8.7 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 6 customer reviews

Best Sellers Rank: #205,298 in Books (See Top 100 in Books) #18 in Books > Cookbooks,

Food & Wine > Asian Cooking > Korean #32 in Books > Cookbooks, Food & Wine > Main

Courses & Side Dishes > Garnishes #218 in Books > Cookbooks, Food & Wine > Canning & Preserving

Customer Reviews

Byung-Hi Lim and Byung-Soon Lim are sisters and together with their mother, Boo Mee Ja Lim, and aunt Im Kee Sun, they run the Arirang Restaurant in Stockholm. The Arirang opened back in 1975

and was the first restaurant of its kind in Scandinavia. The ambition at the restaurant is to prepare everyday Korean food at its best. Their previous cookbook was Korean Food.

Pitcher was as advertised and arrived quickly.

great recipes.

Excellent and well written.

Great step by step introduction to the art of making kimchi with fabulous photos! I made the daikon kimchi the day the book arrived and have only recently tasted it as it is still a day or two away from being ready; it is already fantastic. While this is not for everyone-it is quite spicy-there are other more tame kimchis to suit other palates. Use the book as a basic guideline and you cannot go wrong. Be sure to have airtight containers to store kimchi in because some are quite pungent. It is great to see a book, finally, by real women who use real ingredients to make the real thing.

Very well written, great step by step photos and instructions. I'm extremely excited about this book!!!

I have been making Kimchi for years and am always working to perfect my methods for better kimchi. I found this book to have clear easy to understand instructions for the beginner with a few new steps for the more seasoned fermentor. There are many recipes and advice n getting the flavor you are looking for. I would recommend it as a fantastic gift and beginning book.

[Download to continue reading...](#)

Easy Korean Cookbook: 50 Unique and Authentic Korean Recipes (Korean Cookbook, Korean Recipes, Korean Food, Korean Cooking, Easy Korean Cookbook, Easy Korean Recipes, Easy Korean Cooking Book 1) Korean: Korean Recipes - The Very Best Korean Cookbook (Korean recipes, Korean cookbook, Korean cook book, Korean recipe, Korean recipe book) I Love My Dad (korean childrens books, korean baby book): korean for kids, korean for children, kids books in korean (Korean English Bilingual Collection) (Korean Edition) I Love to Brush My Teeth (english korean books, korean childrens books): korean bilingual books , korean kids books, bilingual korean books (English Korean Bilingual Collection) (Korean Edition) I Love My Mom (English Korean, korean childrens books): korean kids books, bilingual korean books, children ESL books (English Korean Bilingual Collection) (Korean Edition) I Love My Dad (English Korean Bilingual books,

korean kids books): korean childrens books, english korean books for kids (English Korean Bilingual Collection) (Korean Edition) Kimchi 1, 2, 3: Authentic Korean Kimchi Recipe, Step-By-Step (with pictures!) Welcome to Korean Food World: Unlock EVERY Secret of Cooking Through 500 AMAZING Korean Recipes (Korean Cookbook, Korean Cuisine, Korean Cooking Pot, Asian Cuisine...) (Unlock Cooking, Cookbook [#8]) I Love to Share (english korean bilingual books): korean kids books, korean childrens books, hangul for kids (English Korean Bilingual Colleciont) (Korean Edition) I Love to Share (korean english bilingual books, korean baby book, korean kids book): korean for kids (Korean Edition) Kimchi: Essential Recipes of the Korean Kitchen Good Morning, Kimchi!: Forty Different Kinds of Traditional & Fusion Kimchi Recipes The Kimchi Cookbook: 60 Traditional and Modern Ways to Make and Eat Kimchi Seoul Food Korean Cookbook: Korean Cooking from Kimchi and Bibimbap to Fried Chicken and Bingsoo The Kimchi Chronicles: Korean Cooking for an American Kitchen Eating Korean: from Barbecue to Kimchi, Recipes from My Home Korean Cookbook - A Collection of Simple and Delicious Korean Recipes: Enjoy Korean Cuisine in the Comforts of Your Home! The Ultimate Korean Cookbook - The Korean Cuisine is Here for You!: 50 Most Amazing Korean Food Recipes Your Korean Cookbook: Pure Korean Cooking Bliss (Korean Food & Recipes) Korean Food: Top 50 Most Delicious Korean Recipes [A Korean Cookbook] (Recipe Top 50s Book 132)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)